



MARIN SCHOOL OF MASSAGE AND THE HEALING ARTS

SCHOOL CATALOG

BPPE Institution Code: 20260205057
CAMTC school code: SCH0198 (Provisional Approval)

August 1, 2026 – July 31, 2027

Main Campus:
2398 Sir Francis Drake Blvd, Fairfax, CA 94930

Satellite Campus:
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The catalog is updated annually on August 1 of each year. Revised: October 28, 2026.

As a prospective student, you are encouraged to review this catalog prior to signing an enrollment agreement. You are also encouraged to review the School Performance Fact Sheet, which must be provided to you prior to signing an enrollment agreement.

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MISSION AND OBJECTIVES

Mission

The mission of Marin School of Massage and the Healing Arts is to combine outstanding professional/ clinical Massage Therapy Certification Training with an openness to the spiritual and energetic dimension of massage therapy and healing.

Marin School of Massage and the Healing Arts is unique in uniting the highest quality massage therapy education with a deep understanding and exploration of the sacred potential for healing inherent in the practice of massage and bodywork. At Marin School of Massage and the Healing Arts, we teach massage therapy as a holistic art, acknowledging the inseparability of body, mind, and spirit within the client as well as the practitioner.

We offer Professional Massage Therapy Training Programs that integrate the structural, emotional, intuitive, and creative elements of bodywork, empowering you to silently complement the physical aspect of massage therapy with deeper levels of mindfulness and healing. We also offer exceptional and inspiring individual massage therapy and bodywork classes with world-renowned Massage Therapy instructors who are experts in their field.

Objectives

We support students to become an extraordinary massage therapist by providing instruction in a broad scope of world-class therapeutic massage and healing techniques, ranging from deep structural work to the subtler energetic dimensions of healing.

We teach students to work proficiently with a wide range of clients, situations, and modalities.

Our Professional Massage & Bodywork Therapy Certification Programs will enable students to treat massage therapy clients with acute or chronic structural/physical complaints as well as those seeking relaxation, stress relief, and/or emotional and energetic healing.

We work with students individually to ensure mastery of each modality and provide the academic training to prepare you for the *MBLEX exam*.

We empower students to create a successful career as a Massage Therapist, providing the information, skills, and connections needed to prosper as a professional in the growing field of massage therapy and healing.

We inspire students to reawaken to their deepest, most essential nature and share this depth with others. Our prospective students will acquire a new skill and a new career but also a deeper, more fulfilling way of relating to life, people, and themselves.

We create a beautiful, nurturing, and sacred environment of professional excellence, unconditional compassion, creativity, and joy for you to learn, grow, heal, and develop as a professional massage therapist and healer.

THE INSTITUTE

Marin School of Massage and the Healing Arts (MSMHA), at 2398 Sir Francis Drake Blvd, Fairfax, CA 94930 (Main Campus) and 100 Sacramento Ave, San Anselmo, CA 94960 (Satellite Campus), is a private institution that is approved to operate by the Bureau for Private Postsecondary Education, and that approval to operate means compliance with state standards as set forth in the CEC and 5, CCR. Marin School of Massage and the Healing Arts may not imply that the Bureau endorses programs or that Bureau approval means Marin School of Massage and the Healing Arts exceeds minimum state standards.

We offer diverse courses to prepare students to pursue massage therapy as a career or for personal fulfillment. Our qualified and diverse teaching staff includes professional and certified massage therapists. Our Professional Massage Therapist Program is specifically designed to prepare students for California Massage Therapy Council (CAMTC) Certification and the Massage and Bodywork Licensing Exam (MBLEx). The Advanced Massage Therapist Program, Massage Therapist Program, and Energetic Healing Program would allow students to enter the massage therapy field and empower their personal wellness and enrichment.

MSMHA is not accredited by any accrediting agency recognized by the US Department of Education.

MSMHA is PROVISIONALLY APPROVED BY CAMTC.

Any questions a student may have regarding this catalog that have not been satisfactorily answered by the institution may be directed to the Bureau for Private Postsecondary Education at 1747 N. Market Blvd. Ste 225 Sacramento, CA 95834 or P.O. Box 980818, West Sacramento CA 95798-0818, www.bppe.ca.gov, toll-free number (888) 370-7589 or fax (916) 263-1897; (916) 574-8900 or by fax (916) 263-1897.

A student or any member of the public may file a complaint about this institution with the Bureau for Private Postsecondary Education by calling (888) 370-7589 or by completing a complaint form, which can be obtained on the bureau's Internet Website www.bppe.ca.gov.

The Office of Student Assistance and Relief is available to support prospective students, current students, or past students of private postsecondary educational institutions in making informed decisions, understanding their rights, and navigating available services and relief options. The office may be reached by calling (888) 370-7589 or by visiting www.bppe.ca.gov.

This catalog is published annually and is available to prospective and current students at no cost. Current and prior versions are posted on the school's website at <https://marinschoolofmassage.com>. A printed copy is provided upon request and to every prospective student before the signing of an enrollment agreement.

FACILITY AND EQUIPMENT

Marin School of Massage and the Healing Arts provides a safe, accessible, and professionally equipped environment conducive to learning, practice, and academic support.

Instructional Facilities

The main campus facility is at 2398 Sir Francis Drake Blvd, Fairfax, CA 94930, which features an 1860-square-foot Main Hall. Wheelchair-accessible restrooms are adjacent. Social Hall is 975 square feet. Its door opens onto a garden area, and tables and chairs are available.

- **Main Hall or Social Hall** is equipped with a whiteboard, a full-sized skeleton model, a wall chart, a projector, a screen, and massage tables. This allows students to perform and receive bodywork under instructor supervision.

The satellite campus facility is at 100 Sacramento Ave, San Anselmo, CA 94960. It features a main hall, which is approximately 2200 square feet. It has access to the kitchen, bathrooms, and a wheelchair ramp. The second hall is about 600 square feet. This is also a shoes-off space with access to the kitchen and bathrooms. The courtyard and kitchen provide an area for students to have their lunch breaks and between-class breaks.

- **Main Hall or Second Hall** is equipped with a whiteboard, a full-sized skeleton model, a wall chart, a projector, a screen, and massage tables. This allows students to perform and receive bodywork under instructor supervision.

Instruction is supported by:

- Massage tables
- Full-sized skeleton model
- Muscular and trigger point wall charts
- Multimedia presentation equipment (whiteboard, projector, and screen)
- Anatomy textbooks and course handouts
- Sanitation and hygiene equipment, including sinks, disinfectants, and paper towels.
- Optionally, the students can carry their massage tables to the class. Students must bring their own massage cream, textbooks, twin-sized linen sheets, and pillowcases.

All facilities and equipment meet applicable health, fire, and safety regulations. The school is fully ADA-compliant, ensuring that students with disabilities have equitable access to facilities, services, and instructional resources.

EDUCATIONAL PROGRAM INFORMATION

Program Title: Professional Massage Therapist Program (500 supervised hours)

Program Objective: This program will prepare students for a career as a Massage Therapist (US Department of Labor SOC Code 31-9011). It prepares graduates for private practice and employment in the spa or medical setting. Once the graduates submit the education verification to FSMTB, they can sit for the MBLEx Exam. Students will become proficient in a wide variety of bodywork and healing techniques in the massage therapy field. Education includes lectures, discussions, demonstrations, and practice.

US Department of Labor SOC Code 31-9011

The completion of this program requires students to complete 500 supervised hours for the required and elective courses shown below. There are hands-on assessments for each course. There are no final tests or examinations. No internship is needed for this program.

Program Length: 500 supervised hours

Program size: Up to 34 students *(Although a program may enroll up to 34 students, hands-on practical classes are sectioned so that the student-to-teacher ratio in any practical session never exceeds 25 to 1.)*

Applicants for CAMTC certification must complete 500 supervised hours total, with at least 100 of those supervised hours satisfying CAMTC's specified subjects (Anatomy & Physiology Theory and Lab, Ethics, Contraindications, Health & Hygiene, and Business).

No more than 75 of the 500 supervised hours may be student-clinic supervised hours.

Curriculum Outline

Required Courses	
Course Name	Supervised Hours
Advanced Neck Work	15
Anatomy, Physiology, Pathology, Kinesiology & Assessment	42
Body Mechanics	15
Business for the Massage Therapist	13
Contraindications for Massage Therapists	17
Deep Tissue Massage	45
Ethics for Massage Therapists	7
Health & Hygiene	12
Massage Essentials	42
Massage Therapy Course	42
Myofascial Release	16
Practical Anatomy	15
Trauma Informed Bodywork	7
Electives Course (Equal to 500 supervised hours or NOT Exceed 550 supervised hours)	
Course Name	Supervised Hours

Acupressure	15
Advanced Lomilomi Massage	24
Body Optimization, Structural Integration	18
Chair Massage	7
Craniosacral Therapy	28
Deep Swedish Massage	7
Developing Energetic Presence	12
Energetic Healing for Bodyworkers	12
Foundation of Lomilomi Massage	24
Hospice Massage	13
Hot Stone Massage	20
Lomilomi Massage	16
Lymphatic Massage	16
NeuroMuscular Reprogramming	18
Ortho-Bionomy	24
Prenatal Massage	7
Reflexology	15
Reiki Level 1 and 2	15
Residential Retreat	30
Sound Healing	5
Student Clinical Internship	20
Student Clinical Internship Deep Tissue	16
Student Clinical Internship Advanced	20
Subtle Energy Principles and Ethics for Massage Therapists	7
Table Shiatsu	13
Table Thai Massage	18
Therapeutic Stretch and Joint Mobilization	16
Trigger Point Therapy	28
Tui-Na	14
Working with Trauma for Massage Therapists	7

Program Cost Breakdown

	Option A: Pay in Full	Option B: Class Based Payment Plan	Option C: Installment Payment Plan
Registration Fee (Non-Refundable)	\$ 100	\$ 100	\$100
Tuition	\$9,888†	\$9,888†	\$9,888†
Student Tuition Recovery Fund (STRF) Fee (Non-Refundable)*	\$ 0	\$ 0	\$0
Textbooks and Handouts (Estimated cost, paid to textbook vendor; not paid to MSMHA; owned by student) (The cost will be less than or equal to the highest amount charged: ≤\$820)**	\$ 820	\$ 820	\$820
Additional Required Supplies (Massage oil and/or sheets: estimated cost, paid to supply vendor; not paid to MSMHA; owned by student)****	\$ 40	\$ 40	\$40
Optional Payment Plan Fee (\$20 per month	\$ 0	\$ 0	\$140

for Option C Payment Plan up to 7 installments)***			
TOTAL INSTITUTIONAL CHARGES FOR THE PERIOD OF ATTENDANCE PAID TO MSMHA (Registration Fee + Tuition (+ Optional Payment Plan Fee for Option C ONLY))	\$9,988	\$9,988	\$10,128
ESTIMATED ADDITIONAL THIRD-PARTY COSTS (Textbooks/Handouts + Supplies, paid directly to vendors; not paid to MSMHA)	\$ 860	\$ 860	\$ 860
TOTAL CHARGES FOR THE PERIOD OF ATTENDANCE (Registration fee +Tuition+Textbook and Handouts (+ Optional Payment Plan Fee for Option C ONLY))	\$10,808	\$10,808	\$10,948
ESTIMATED TOTAL CHARGES FOR THE ENTIRE EDUCATIONAL PROGRAM (Registration fee +Tuition+Textbook and Handouts+Additional required supplies (+ Optional Payment Plan Fee for Option C ONLY))	\$10,848	\$10,848	\$10,988

*STRF: Student Tuition Recovery Fund – A mandatory tuition assessment instituted by the California Bureau for Private Postsecondary Education (currently \$0 for this program).

**Textbook and handout costs may vary depending on elective courses selected.

***Students may pay in full (Option A), pay class by class (Option B), or apply for monthly installments (Option C, \$20 processing fee per installment). See Payment Options on page 43.

****Additional Required Supplies (Student-Provided): Students are required to independently purchase one set of twin-size sheets and massage cream. Estimated cost: approximately \$40 total. These items are not provided by the institution and are not included in the total program cost.

†Founding Student Introductory Rate: tuition of \$9,888 is valid for students who sign an Enrollment Agreement on or before March 15, 2027. For Enrollment Agreements signed after March 15, 2027, tuition is \$12,500, and the totals are: Options A and B – Total Institutional Charges \$12,600; Total Charges for the Period of Attendance \$13,420; Estimated Total Charges for the Entire Educational Program \$13,460. Option C – Total Institutional Charges \$12,740; Total Charges for the Period of Attendance \$13,560; Estimated Total Charges for the Entire Educational Program \$13,600. The Founding Student Introductory Rate, when it applies, is recorded in the Tuition Discount Agreement section of the student's Enrollment Agreement.

Program Title: Advanced Massage Therapist Program (250 Hours)

Program Objective: Students will become proficient in advanced, deep, and subtle massage, bodywork, and healing techniques, master the understanding of anatomy, and increase their skills to an advanced level. They will learn ethics and business skills. Graduates will have acquired the skills necessary to begin a private massage practice in jurisdictions that do not require CAMTC Certification. Students may choose 250 supervised hours of classes from all the subjects we offer. Education includes lectures, discussions, demonstrations, and practice.

US Department of Labor SOC Code 31-9011

The completion of this program requires students to complete 250 hours for the required and elective courses shown below. There are hands-on assessments for each course. There are no final tests or examinations. No internship is needed for this program.

Program Length: 250 supervised hours

Program size: Up to 34 students.

Curriculum Outline

Required Courses	
Course Name	Supervised Hours
Anatomy, Physiology, Pathology, Kinesiology & Assessment	42
Body Mechanics	15
Business for the Massage Therapist	13
Contraindications for Massage Therapists	17
Deep Tissue Massage	45
Ethics for Massage Therapists	7
Health & Hygiene	12
Massage Essentials	42
Massage Therapy Course	42
Practical Anatomy	15
Electives Courses ((Equal to 250 supervised hours or NOT Exceed 270 supervised hours)	
Course Name	Supervised Hours
Acupressure	15
Advanced Lomilomi Massage	24
Advanced Neck Work	15
Body Optimization, Structural Integration	18
Chair Massage	7
Craniosacral Therapy	28
Deep Swedish Massage	7
Developing Energetic Presence	12
Energetic Healing for Bodyworkers	12
Foundation of Lomilomi Massage	24
Hospice Massage	13

Hot Stone Massage	20
Lomilomi Massage	16
Lymphatic Massage	16
Myofascial Release	16
NeuroMuscular Reprogramming	18
Ortho-Bionomy	24
Prenatal Massage	7
Reflexology	15
Reiki Level 1 and 2	15
Residential Retreat	30
Sound Healing	5
Student Clinical Internship	20
Student Clinical Internship Advanced	20
Student Clinical Internship Deep Tissue	16
Subtle Energy Principles and Ethics for Massage Therapists	7
Table Shiatsu	13
Table Thai Massage	18
Therapeutic Stretch and Joint Mobilization	16
Trauma Informed Bodywork	7
Trigger Point Therapy	28
Tui-Na	14
Working with Trauma for Massage Therapists	7

Program Cost Breakdown

	Option A: Pay in Full	Option B: Class Based Payment Plan	Option C: Installment Payment Plan
Registration Fee (Non-Refundable)	\$ 100	\$ 100	\$100
Tuition	\$ 6750	\$ 6750	\$6750
Student Tuition Recovery Fund (STRF) Fee (Non-Refundable)*	\$ 0	\$ 0	\$0
Textbooks and Handouts (Estimated cost, paid to textbook vendor; not paid to MSMHA; owned by student) (the cost will be less than or equal to the highest amount charged: <=\$620)**	\$ 620	\$ 620	\$620
Optional Payment Plan Fee (\$20 per month for Option C Payment Plan up to 4 installments)***	\$ 0	\$ 0	\$80
Additional Required Supplies (Massage oil and/or sheets: estimated cost, paid to supply vendor; not paid to MSMHA; owned by student)****	\$ 40	\$ 40	\$40
TOTAL INSTITUTIONAL CHARGES FOR THE PERIOD OF ATTENDANCE PAID TO MSMHA (Registration Fee + Tuition (+ Optional Payment Plan Fee for Option C ONLY))	\$ 6850	\$6850	\$ 6930

ESTIMATED ADDITIONAL THIRD-PARTY COSTS (Textbooks/Handouts + Supplies, paid directly to vendors; not paid to MSMHA)	\$ 660	\$ 660	\$ 660
TOTAL CHARGES FOR THE PERIOD OF ATTENDANCE (Registration fee +Tuition+Textbook and Handouts (+Optional Payment Plan Fee for Option C ONLY)	\$ 7470	\$ 7470	\$ 7550
ESTIMATED TOTAL CHARGES FOR THE ENTIRE EDUCATIONAL PROGRAM (Registration fee +Tuition+Textbook and Handouts+Additional required supplies (+Optional Payment Plan Fee for Option C ONLY)	\$ 7510	\$ 7510	\$ 7590

*STRF: Student Tuition Recovery Fund – A mandatory tuition assessment instituted by the California Bureau for Private Postsecondary Education (currently \$0 for this program).

**Textbook and handout costs may vary depending on elective courses selected.

***Students may pay in full (Option A), pay class by class (Option B), or apply for monthly installments (Option C, \$20 processing fee per installment). See Payment Options on page 43.

****Additional Required Supplies (Student-Provided): Students are required to independently purchase one set of twin-size sheets and massage cream. Estimated cost: approximately \$40 total. These items are not provided by the institution and are not included in the total program cost.

Program Title: Massage Therapist Program (100 hours)

Program Objective: Students will learn the theory and practice of therapeutic massage. Graduates are qualified to give a complete therapeutic massage, have a basic understanding of anatomy, and have the skills necessary to begin a private massage practice in jurisdictions that do not require CAMTC Certification and only require 100 supervised hours of massage training. Education includes lectures, discussions, demonstrations, and practice.

US Department of Labor SOC Code 31-9011

The completion of this program requires students to complete 100 supervised hours for the required and elective courses shown below. There are hands-on assessments for each course. There are no final tests or examinations. No internship is needed for this program.

Program Length: 100 Supervised hours

Student size: Up to 34 students.

Curriculum Outline

Required Courses	
Course Name	Supervised Hours
Body Mechanics	15
Massage Essentials	42
OR	
Massage Therapy Course	42
Ethics for Massage Therapists	7
Health & Hygiene	12
Practical Anatomy	15
Electives Courses (Equal to 100 supervised hours or NOT Exceed 110 supervised hours)	
Course Name	Supervised Hours
Acupressure	15
Advanced Lomilomi Massage	24
Advanced Neck Work	15
Anatomy, Physiology, Pathology, Kinesiology & Assessment	42
Business for the Massage Therapist	13
Chair Massage	7
Contraindications for Massage Therapists	17
Craniosacral Therapy	28
Deep Swedish Massage	7
Deep Tissue Massage	45
Developing Energetic Presence	12
Energetic Healing for Bodyworkers	12
Foundation of Lomilomi Massage	24
Hospice Massage	13
Hot Stone Massage	20
Lomilomi Massage	16

Lymphatic Massage	16
Myofascial Release	16
NeuroMuscular Reprogramming	18
Ortho-Bionomy	24
Prenatal Massage	7
Reflexology	15
Reiki Level 1 and 2	15
Residential Retreat	30
Sound Healing	5
Student Clinical Internship	20
Student Clinical Internship Deep Tissue	16
Student Clinical Internship Advanced	20
Subtle Energy Principles and Ethics for Massage Therapists	7
Table Shiatsu	13
Table Thai Massage	18
Therapeutic Stretch and Joint Mobilization	16
Trauma Informed Bodywork	7
Trigger Point Therapy	28
Tui-Na	14
Working with Trauma for Massage Therapists	7

Program Cost Breakdown

	Option A: Pay in Full	Option B: Class Based Payment Plan	Option C: Installment Payment Plan
Registration Fee (Non-Refundable)	\$ 100	\$ 100	\$ 100
Tuition	\$ 2900	\$ 2900	\$ 2900
Student Tuition Recovery Fund (STRF) Fee (Non-Refundable)*	\$ 0	\$ 0	\$0
Textbooks and Handouts (Estimated cost, paid to textbook vendor; not paid to MSMHA; owned by student) (the cost will be less than or equal to the highest amount charged: <=\$370)**	\$ 370	\$ 370	\$ 370
Optional Payment Plan Fee (\$20 per month for Option C Payment Plan up to 4 installments)***	\$ 0	\$ 0	\$80
Additional Required Supplies (Massage oil and/or sheets: estimated cost, paid to supply vendor; not paid to MSMHA; owned by student)****	\$ 40	\$ 40	\$40
TOTAL INSTITUTIONAL CHARGES FOR THE PERIOD OF ATTENDANCE PAID TO MSMHA (Registration Fee + Tuition (+ Optional Payment Plan Fee for Option C ONLY))	\$ 3000	\$3000	\$ 3080
ESTIMATED ADDITIONAL THIRD-PARTY COSTS (Textbooks/Handouts +	\$ 410	\$ 410	\$ 410

Supplies, paid directly to vendors; not paid to MSMHA)			
TOTAL CHARGES FOR THE PERIOD OF ATTENDANCE (Registration fee +Tuition+Textbook and Handouts (+Optional Payment Plan Fee for Option C ONLY)	\$ 3370	\$ 3370	\$ 3450
ESTIMATED TOTAL CHARGES FOR THE ENTIRE EDUCATIONAL PROGRAM (Registration fee +Tuition+Textbook and Handouts+Additional required supplies (+Optional Payment Plan Fee for Option C ONLY)	\$ 3410	\$ 3410	\$ 3490

*STRF: Student Tuition Recovery Fund – A mandatory tuition assessment instituted by the California Bureau for Private Postsecondary Education (currently \$0 for this program).

**Textbook and handout costs may vary depending on elective courses selected.

***Students may pay in full (Option A), pay class by class (Option B), or apply for monthly installments (Option C, \$20 processing fee per installment). See Payment Options on page 43.

****Additional Required Supplies (Student-Provided): Students are required to independently purchase one set of twin-size sheets and massage cream. Estimated cost: approximately \$40 total. These items are not provided by the institution and are not included in the total program cost.

Program Title: Energetic Healing Program (104 hours)

Program Objective: Students will prepare for US Department of Labor Code 39-9099, learn the theory and practice of a variety of subtle Energetic Healing techniques, and integrate them into a professional healing session. At the end of the course, students will be proficient in Reiki Level 1 and 2 and CranioSacral Therapy protocols and can create subtle healing sessions using the many tools learned in this course. Education includes lectures, discussions, demonstrations, and practice.

US Department of Labor SOC Code 39-9099

The completion of this program requires students to complete 104 supervised hours for the required courses shown below. There are hands-on assessments for each course. There are no final tests or examinations. No internship is needed for this program.

Program Length: 104 Supervised hours

Program size: Up to 34 students.

Curriculum Outline

Required Courses	
Course Name	Supervised Hours
Craniosacral Therapy	28
Developing Energetic Presence	12
Energetic Healing for Bodyworkers	12
Reiki Level 1 and 2	15
Residential Retreat	30
Subtle Energy Principles and Ethics for Massage Therapists	7

Program Cost Breakdown

	Option A: Pay in Full	Option B: Class Based Payment Plan	Option C: Installment Payment Plan
Registration Fee (Non-Refundable)	\$ 100	\$ 100	\$100
Tuition	\$ 4745	\$ 4745	\$ 4745
Student Tuition Recovery Fund (STRF) Fee (Non-Refundable)*	\$ 0	\$ 0	\$0
Textbooks and Handouts (Estimated cost, paid to textbook vendor; not paid to MSMHA; owned by student) (the cost will be less than or equal to the highest amount charged: <=\$150)**	\$ 150	\$150	\$ 150
Optional Payment Plan Fee (\$20 per month for Option C Payment Plan up to 4 installments)***	\$ 0	\$ 0	\$80
Additional Required Supplies (Massage oil and/or sheets: estimated cost, paid to	\$ 40	\$ 40	\$40

supply vendor; not paid to MSMHA; owned by student)****			
TOTAL INSTITUTIONAL CHARGES FOR THE PERIOD OF ATTENDANCE PAID TO MSMHA (Registration Fee + Tuition (+ Optional Payment Plan Fee for Option C ONLY))	\$ 4845	\$4845	\$ 4925
ESTIMATED ADDITIONAL THIRD-PARTY COSTS (Textbooks/Handouts + Supplies , paid directly to vendors; not paid to MSMHA)	\$ 190	\$ 190	\$ 190
TOTAL CHARGES FOR THE PERIOD OF ATTENDANCE (Registration fee +Tuition+Textbook and Handouts (+Optional Payment Plan Fee for Option C ONLY) (+ Payment Processing Fee, if applicable)	\$ 4995	\$ 4995	\$ 5075
ESTIMATED TOTAL CHARGES FOR THE ENTIRE EDUCATIONAL PROGRAM (Registration fee +Tuition+Textbook and Handouts+Additional required supplies (+Optional Payment Plan Fee for Option C ONLY) (+ Payment Processing Fee, if applicable)	\$ 5035	\$ 5035	\$ 5115

*STRF: Student Tuition Recovery Fund – A mandatory tuition assessment instituted by the California Bureau for Private Postsecondary Education (currently \$0 for this program).

**Textbook and handout costs may vary depending on elective courses selected.

***Students may pay in full (Option A), pay class by class (Option B), or apply for monthly installments (Option C, \$20 processing fee per installment). See Payment Options on page 43.

****Additional Required Supplies (Student-Provided): Students are required to independently purchase one set of twin-size sheets and massage cream. Estimated cost: approximately \$40 total. These items are not provided by the institution and are not included in the total program cost.

STAND-ALONE COURSES

The ten courses listed below have been approved by the Bureau for Private Postsecondary Education to be offered on their own as stand-alone courses. A student may enroll in an individual course without enrolling in a full program.

A stand-alone course has the same content, supervised hours, instructors, and assessments as the same course taken within a program. Students in a stand-alone course attend class together with program students.

Course Objective

Stand-alone courses serve students who want training in a specific massage or bodywork modality, continuing education, or a way to build supervised hours toward an MSMHA program at their own pace.

Course Length and Class Size

Course length equals the supervised hours of the course, as shown in the table below. Class size follows the same limits as MSMHA programs: up to 34 students, with hands-on practical sessions never exceeding 25 students per instructor.

CAMTC Certification

A single stand-alone course does not meet the education requirements for CAMTC certification, which require 500 supervised hours from an approved school. MSMHA is provisionally approved by CAMTC. See "CAMTC Information and Eligibility for Licensure of Massage Therapists in California" on page 48 before enrolling.

Approved Stand-Alone Courses

Course Name	Supervised Hours	Tuition	Also Part of These Programs
Anatomy, Physiology, Pathology, Kinesiology & Assessment	42	\$1,050	100, 250, 500
Body Mechanics	15	\$375	100, 250, 500
Chair Massage	7	\$175	100, 250, 500
Craniosacral Therapy	28	\$700	100, 250, 500, Energetic Healing
Developing Energetic Presence	12	\$300	100, 250, 500, Energetic Healing
Massage Essentials	42	\$1,050	100, 250, 500
Massage Therapy Course	42	\$1,050	100, 250, 500
Practical Anatomy	15	\$375	100, 250, 500
Subtle Energy Principles and Ethics for Massage Therapists	7	\$175	100, 250, 500, Energetic Healing
Table Shiatsu	13	\$325	100, 250, 500

Programs: 500 = Professional Massage Therapist Program; 250 = Advanced Massage Therapist Program; 100 = Massage Therapist Program; 104 = Energetic Healing Program.

Tuition for every stand-alone course is \$25 per supervised hour. A \$100 tuition deposit is required to enroll in a stand-alone course. The deposit is due at enrollment and is applied to the course tuition.

Prerequisites

Stand-alone courses have no prerequisites.

Cost Breakdown for Each Stand-Alone Course

Charge	Amount
Registration Fee (Non-Refundable)	\$100 (one-time; not charged again for later courses or programs)
Tuition	\$25 per supervised hour; see the table above for each course
Tuition Deposit (required; due at enrollment; applied to tuition)	\$100
Student Tuition Recovery Fund (STRF) Fee (Non-Refundable)*	\$0
Textbooks and Handouts (estimated; paid to textbook vendor, not to MSMHA; owned by student)**	\$10-150 (varies by course)
Additional Required Supplies (twin-size sheets and massage cream; paid to supply vendor, not to MSMHA; owned by student)	About \$40
Payment Processing Fee, if applicable (credit card)	3% of each credit card payment; \$0 for cash, check, or Zelle
TOTAL INSTITUTIONAL CHARGES FOR THE PERIOD OF ATTENDANCE PAID TO MSMHA	Registration Fee + Tuition + Payment Processing Fee, if applicable
TOTAL CHARGES FOR THE PERIOD OF ATTENDANCE	Registration Fee + Tuition + Textbooks and Handouts + Payment Processing Fee, if applicable
ESTIMATED TOTAL CHARGES FOR THE ENTIRE EDUCATIONAL PROGRAM	Registration Fee + Tuition + Textbooks and Handouts + Additional Required Supplies + Payment Processing Fee, if applicable

For a stand-alone course, the period of attendance and the “entire educational program” shown above are that one course. The exact charges appear on the Enrollment Agreement and School Performance Fact Sheet for the course.

*STRF: Student Tuition Recovery Fund – a mandatory assessment set by the California Bureau for Private Postsecondary Education (currently \$0).

**Textbook and handout costs vary by course. Some courses do not require a textbook.

Payment

Students taking a stand-alone course pay under Option D (Standalone Class) or Option A (Pay in Full), described under Payment Options on page 43:

At enrollment: the one-time, non-refundable \$100 Registration Fee (if not already paid) plus a tuition deposit of **\$100**.

On or before the first day of class: the remaining tuition balance.

The deposit is applied to tuition and is refundable under the cancellation and refund policy. The student signs a separate Enrollment Agreement for each stand-alone course. Options B and C

are available only to students enrolled in a full program, who sign one Enrollment Agreement for the whole program.

Cancellation, Withdrawal, and Refunds

Stand-alone courses follow the same Notice of Cancellation, Student's Right to Cancel, Withdrawal Procedure, and Refund Policy as MSMHA programs. See "Cancellation and Refund Policy" on page 45. For a stand-alone course, the period of attendance is that course, and any refund is calculated on that course's tuition and hours.

Applying Stand-Alone Course Hours Toward a Program

Supervised hours from a passed stand-alone course may be applied toward any MSMHA program that includes that course (see the table above).

To apply hours, the student enrolls in the program under a new program Enrollment Agreement, which lists each completed course and the hours applied. No second registration fee is charged.

Program tuition is reduced by the hours applied multiplied by the program's hourly tuition rate (program tuition ÷ program hours).

Hours may be applied if the course was completed within five (5) years before program enrollment, consistent with the Reinstatement policy.

Applied hours must fit the program's required and elective course structure. Each course's hours may be applied to a program only once.

Completing stand-alone courses does not guarantee admission to or completion of a program.

Attendance, Grading, and School Performance Fact Sheet

Stand-alone course students follow the same attendance, grading, conduct, and makeup policies as program students. No student will be credited with more than 10 hours of education in any one day or more than 40 hours in any 7-day period.

Each stand-alone course has its own School Performance Fact Sheet, which the student receives, initials, and signs before signing the Enrollment Agreement. MSMHA reports completion and other performance data separately for each stand-alone course.

Course Descriptions

Each course below is offered within MSMHA programs. Ten of these courses are also offered as stand-alone courses. For stand-alone tuition, payment, and refunds, see "Stand-Alone Courses" on page 17.

Course Name	Supervised Hours	Description
Acupressure	15	Acupressure stimulates the body's energy flow by using the hands, fingers, thumbs, and knuckles to apply pressure directly to the Acu-points of the body's meridian system. Students will learn to perform an Acupressure session and use Acupressure points to treat common ailments and integrate this modality into their massage work.
Advanced Lomilomi Massage	24	Utilizing a massage table, the students will learn advanced Lomilomi massage-style techniques focused on moving congested energy through and out of the body. Students will enhance their understanding and ability to perform gentle yet penetrating Lomilomi strokes and techniques, including joint mobilization and stretching techniques, with the client in both prone and supine positions. There will be an emphasis on utilizing the breath and core power, as well as a heart-centered approach. Upon completion, students will be able to deliver breath-based Lomilomi techniques throughout the body to relieve stress and increase mobility and energy flow. Special attention will be paid to body mechanics and breath so that the practitioner can receive benefit from the session too. A basic understanding of fascia lines and trigger points of the extremities and upper body will be taught. Students will gain the ability to integrate these advanced Lomilomi strokes and techniques into their sessions.
Advanced Neck Work	15	Deepen your understanding and ability to work effectively and safely with the complex system of the neck. In this class, you will exponentially expand your comfort level with neck work and learn release techniques to address both the superficial and deep structures of the neck.
Anatomy, Physiology, Pathology, Kinesiology & Assessment	42	This class will cover the organization of a massage session, visual, written, and range of motion assessment and treatment planning; basic study of anatomy and physiology relevant to massage therapy; concepts of movement and joint, tendon, and muscle function; medical terminology and common pathologies. This class is designed to cover the subjects required to

		prepare you for the MBLEX exam as well as provide a solid foundation of understanding of the body necessary for effective massage therapy.
Body Mechanics	15	Appropriate body alignment and the skilled use of your own body are crucial to both performing effective work on your client and ensuring your longevity as a practitioner. This class will teach you to use your fists, forearms, and elbows to work smarter rather than harder to ensure a safe and injury-free career. This class will facilitate a quantum improvement in the ease and quality of your work.
Body Optimization, Structural Integration	18	A Revolutionary Healing Art form having its foundation in Postural Analysis & Structural Integration. It is best known for its 15 "Million Dollar Moves". It's a synthesis of Structural Integration, Thai Massage, therapeutic Stretching, Anti-Gravity Massage Principles of Healing and more. Body Opt. Bodywork is delivered in consideration of Biomechanical & Natural Law, stylized by 4 theories of the human body & employs 6 principles of healing simultaneously rather than sequentially. The Integration of healing principles within the Body Opt. techniques comes with philosophy guiding the addition or subtraction behind the moves. Body Opt. is a complete system of bodywork guided by science. The science will introduce concept that will be new to practitioners, thus offering students a different perspective on how to perform a massage.
Business for the Massage Therapist	13	Learn the skills necessary to create a successful career as a Massage Therapist. This class will provide information and guidance to help you navigate the various aspects of the massage therapy business. Topics covered include employment opportunities, establishing and running a private practice, advertising and promotion, leasing an office, insurance and legal issues, business ethics, social media, professional protocols, resumes, interviewing, record and bookkeeping, business plans, and more.
Chair Massage	7	This class will incorporate strokes from various modalities, including Swedish, Acupressure, and Deep Tissue massage, to create a powerfully effective chair massage sequence that will enable you to work with clients in a wide variety of on-site settings. Performed with the client fully clothed, a chair massage makes massage therapy

		accessible to many people who might not be comfortable with a table massage, thereby broadening your potential clientele.
Contraindications for Massage Therapists	17	This course provides massage therapy students with a comprehensive study of contraindications specific to massage therapy practice, equipping them with the clinical reasoning skills needed to assess every client safely and professionally. Students will learn to recognize conditions and circumstances that require the massage therapist to modify, limit, or avoid massage, and to make sound, evidence-informed decisions that protect both the client and the practitioner.
Craniosacral Therapy	28	Craniosacral Therapy consists of gentle, hands-on techniques to address the restrictions that impede the balanced functioning of the cranio-sacral system. Craniosacral Therapy promotes the circulation of cerebrospinal fluid (CSF) in the cranium and the spine, positively influencing the central nervous system, which plays a vital role in every aspect of life.
Deep Swedish Massage	7	Integrating deep tissue/structural integration techniques into your basic massage will bring your relaxation massage to a new, more effective level. This class will emphasize the use of knuckles, forearms, and elbows to address chronic tightness throughout the body.
Deep Tissue Massage	45	Learn Deep Tissue Massage techniques specifically designed to release the core patterns underlying chronic structural tension. Master strokes and strategies to work deeply and effectively in common problem areas without strain. An in-depth study of Anatomy is included.
Developing Energetic Presence	12	Developing Energetic Presence will maximize and strengthen your mastery of the art of Intuitive Healing. These unique and innovative teachings will ignite within you the ability to identify and harness "Infinity Wave" energy - the boundless energetic force that lies within us all, and unleash it's quantum potential to: • Expand into the genius of your sensory spectrum • Become a powerful vehicle for compassion • Awaken to the gifts of the present moment • Dissolve deeply held traumas and inhibitions • Initiate a paradigm shift of transformational healing from within The groundbreaking tools and techniques revealed in this program are rooted in a synthesis of wisdom that is centered around Sense Learning, Intention and Observation, Touch, Movement, Sound, Meditation and Embodiment. Classes will include

		a range of group-based and interpersonal activities, table work for hands-on experience, as well as numerous opportunities to work directly one-on-one with Rachael.
Energetic Healing for Bodyworkers	12	Journey deeply into the spiritual/energetic dimensions of healing. Explore a variety of traditional and innovative meditation and hands-on healing techniques designed to catalyze and accelerate profound inner transformation.
Ethics for Massage Therapists	7	In this class, you will learn to navigate the various ethical issues inherent in the therapeutic relationship professionally. Topics covered include transference & countertransference, professional boundaries, sexual issues, dual relationships, informed consent, scope of practice, and much more. This class fulfills the Ethics class requirement for certification as a Massage Therapist.
Foundation of Lomilomi Massage	24	Utilizing a massage table, the students will learn to deliver a 90-minute full-body Lomilomi session in the style of Auntie Margaret Machado Lomilomi massage and learn the theory, principles, and history of Hawaiian Lomilomi. Students will learn to perform traditional Lomilomi techniques, including thumb and palm pressure, gentle rocking, forearm/elbow compression, kneading, gliding, and stretching techniques with the client in both prone and supine positions. Lomilomi utilizes oil or lotion to deliver long, nurturing strokes with smooth glides. Upon completion, students will be able to deliver a breath-based, conscious, rhythmic, calm, full Lomilomi session to induce stress relief, wider mobility, easing of tight muscle areas, and invigoration. Special attention will be paid to body mechanics so that the practitioner can receive benefit from the session too. Basic understanding of the trigger points on the feet and upper body will be taught. Students will gain the ability to perform a complete stand-alone Lomilomi session and to integrate Lomilomi strokes into other bodywork modalities.
Health & Hygiene	12	The hygiene portion of the course teaches hygiene protocols for the professional CMT. Pathology, epidemiology, and the basics of communicable diseases are taught. The focus of the training is to ensure massage office hygiene, including therapist hygiene, linen management, air cleanliness, surface cleanliness, and the management of clients. The FSMTB COVID-19

		<p>guidelines are discussed. The current CAMTC COVID-19 protocols are discussed. The health portion of the course also teaches optimum health for the CMT. We discuss health as a pathway for a long and successful career. Options are presented for exercise, nutrition, stamina training, strength training, mobility, and self-care that negates Repetitive Stress Injuries (RSI). Emotional Burnout is discussed with emphasis placed on self-care for the CMT.</p>
Hospice Massage	13	<p>The goal of this class is to provide students with an understanding of the special tactile needs of dying persons and to present skills, techniques, and personal practices for adapting touch and massage into a dying person's care. These skills and practices will assist practitioners in providing a safe and effective touch session throughout a client's dying process, cultivate an understanding of serving as a member of a healthcare team, achieve more physical comfort at the bedside, and clarify feelings concerning death, dying, and grief. These teachings may also be incorporated into most bodywork modalities.</p>
Hot Stone Massage	20	<p>Learn to utilize powerful hot and cool stone massage techniques in conjunction with Swedish and Deep Tissue Massage. Hot Stone Massage releases tension, accelerates healing, increases circulation, and allows you to work deeply with minimum effort.</p>
Lomilomi Massage	16	<p>Utilizing a massage table, the students will learn to deliver a 90-minute full-body Lomilomi session in the Big Island style of Lomi massage and learn the theory, principles, and history of Hawaiian Lomilomi. Students will learn to perform traditional Lomilomi techniques, including finger and palm pressure, gentle rocking, forearm/elbow compression, kneading, tapping, and stretching techniques with the client in both prone and supine positions. Lomilomi utilizes oil or lotion to deliver long, nurturing strokes with a smooth glide.</p>
Lymphatic Massage	16	<p>Lymphatic drainage is a manual massage technique that works on the lymphatic system, stimulating it to work more efficiently by moving the lymph to the lymph nodes throughout the body. It works to accelerate the process of removing the accumulated liquid between the cells and their catabolic residues, directing them to the capillary vessels and onward so that they can be eliminated. Lymphatic Massage is often</p>

		recommended by doctors for cancer patients who are experiencing lymphoedema (swelling) that often occurs with cancer treatment. It can also be beneficial for the general health of the immune system in all clients. It is also a deeply relaxing massage for general well-being.
Massage Essentials	42	Learn to perform an integrative blend of Swedish effleurage, friction, rocking, trigger points, and acupressure techniques, culminating in a masterful full-body massage. Focus on specific problem areas while cultivating the ability to discern the perfect depth of pressure. The instructor shares her immense knowledge of the body in a way that is easily accessible for students and professionals of all levels.
Massage Therapy Course	42	This hands-on Massage Therapy course will take you through a step-by-step full-body massage sequence, enabling you to perform a professional-level massage therapy treatment focusing on common problem areas while teaching you basic principles applicable to all bodywork techniques. Suitable for beginners and advanced students wanting to add to their repertoire of techniques, this class will provide you with a vast array of massage therapy tools. It is appropriate for those planning to practice professionally as well as anyone interested in learning to give a great massage.
Myofascial Release	16	Myofascial Release is a gentle yet profoundly powerful bodywork technique for resolving pain and restriction of motion in the body. Learn how to detect and release fascial adhesions that are often the cause of chronic pain and tension that does not respond to other forms of massage.
NeuroMuscular Reprogramming	18	NeuroMuscular Reprogramming is a form of hands-on physical therapy based on the principles of educational kinesiology. By incorporating massage with muscle testing and specific movements, it endeavors to retrain muscles and joints damaged from repetitive stress or traumatic injury. The goal of restoring mobility is achieved by challenging and reprogramming the portion of the brain that controls movement. Students will learn to facilitate long-lasting release in acutely and chronically tight core muscles that create pain, weakness in the extremities, and inefficient movement coordination patterns.
Ortho-Bionomy	24	This course provides students a fresh way of addressing tensions and pain in the body.

		Derived from Strain Counter Strain aspect of Osteopathy, Ortho-Bionomy® is gentle for both the client and the one practicing it, so students learn ways to work smarter instead of harder, as well as how to meet/blend with someone without merging. The focus during the class is truly understanding the principles and concepts of Ortho Bionomy®, and how they underlie the techniques.
Practical Anatomy	15	Expand and deepen your understanding of structural anatomy. The class includes a detailed, systematic review of names, locations, palpation, the function of muscles and bones, and an anatomical terminology review.
Prenatal Massage	7	This class will give you the tools necessary to work with clients in various stages of pregnancy. A nurturing relaxation massage sequence and utilization of various side-lying positions will be taught, and the specific needs of pregnant clients will be addressed. You will also learn to maintain flow and proper body mechanics while your client frequently changes position, which is common during pregnancy.
Reflexology	15	Foot Reflexology is a systemized approach to working the entire body through specific points in the foot. Foot Reflexology invokes deep relaxation and promotes healing in the muscles and organs. The modality is a wonderful addition to any bodywork treatment or can be practiced as a separate modality in situations where full-body massage is not indicated. Our current teacher, Dana, learned Reflexology from her grandmother as a teenager, and she brings deep wisdom and understanding to her teaching.
Reiki Level 1 and 2	15	Reiki is a gentle, hands-on healing technique that helps restore the body to its natural state of balance while harmonizing the physical, emotional, and spiritual aspects of the recipient.
Residential Retreat	30	At MSMHA, we recognize the value of spiritual practice and retreat as an indispensable component in the development of a seasoned healer. In an atmosphere of silence, solitude, meditation, and healing, we will engage in a variety of intensive and ecstatic practices designed to free us from our habitual constrictions of identity, enabling us to merge with the Infinite and then re-emerge and re-sculpt our personal selves to more effectively serve our highest purpose.
Sound Healing	5	Learn to use vocal and instrumental Sound

		Healing techniques, as well as toning and meditation, to facilitate multi-dimensional healing and expanded states of awareness in yourself and others. Explore the transformational power of Sound and its effectiveness as a healing modality.
Student Clinical Internship	20	Students complete 20 supervised hours of supervised massage therapy practice at Marin School of Massage and the Healing Arts, gaining hands-on experience in all aspects of professional massage therapy. Under instructor supervision, students work with real clients in a clinical setting, arriving on time, professionally dressed, and prepared. Students greet clients professionally, follow intake protocols, and maintain client comfort, privacy, and dignity throughout each session. Students demonstrate effectiveness of technique, presence, awareness, and appropriate tempo and depth of pressure based on individual client needs, while upholding kindness, compassion, and professional etiquette. Hygiene and cleanliness standards are maintained throughout the sessions. Students are evaluated by each client after the session and counseled by the instructor throughout the shift.
Student Clinical Internship Advanced	20	Students complete 20 supervised hours of supervised massage therapy practice at Marin School of Massage and the Healing Arts, gaining hands-on experience in advanced modalities of professional massage therapy. Under instructor supervision, students work with real clients in a clinical setting, arriving on time, professionally dressed, and prepared. Students greet clients professionally, follow intake protocols, and maintain client comfort, privacy, and dignity throughout each session. Students demonstrate the effectiveness of the technique, presence, awareness, and appropriate tempo and depth of pressure based on individual client needs, while upholding kindness, compassion, and professional etiquette. Hygiene and cleanliness standards are maintained throughout the sessions. Students are evaluated by each client after the session and counseled by the instructor throughout the shift.
Student Clinical Internship	16	Students complete 16 supervised hours of supervised massage therapy practice at Marin

Deep Tissue		School of Massage and the Healing Arts, performing Deep Tissue Massage, thereby gaining hands-on experience in integrating and using Deep Tissue Massage in a massage therapy session. Under instructor supervision, students work with real clients in a clinical setting, arriving on time, professionally dressed, and prepared. Students greet clients professionally, follow intake protocols, and maintain client comfort, privacy, and dignity throughout each session. Students demonstrate effectiveness of technique, presence, awareness, and appropriate tempo and depth of pressure based on individual client needs, while upholding kindness, compassion, and professional etiquette. Hygiene and cleanliness standards are maintained throughout the sessions.
Subtle Energy Principles and Ethics for Massage Therapists	7	Learn meditative healing principles & practices to explore, balance, and transform your energy system. Discover the subtle, energetic dimension of healing while cultivating the inner qualities of grounded presence, energetic awareness, intuition, and compassion that complement all healing techniques.
Table Shiatsu	13	Students will learn to deliver a one-hour full-body traditional Shiatsu session using a massage table. The client will be fully clothed, and the work will be performed with the client in the prone and supine positions. The practitioner will utilize finger and palm pressure, stretches, gentle rocking, forearm/elbow compression, kneading, tapping, and stretching techniques. Shiatsu is performed without oils through light, comfortable clothing.
Table Thai Massage	18	Rooted in Ayurvedic, Yogic, and Buddhist traditions, Thai massage utilizes gentle rocking, stretching, and rhythmic acupressure to deeply open, relax, and invigorate the body. It increases the range of motion and has a profound and unique healing effect on the recipient.
Therapeutic Stretch and Joint Mobilization	16	Learn to integrate therapeutic stretches from Asian Bodywork, Sports Massage, and Joint Mobilization techniques into any existing massage modality to increase the capacity to facilitate opening and restore optimum function and range of motion to restricted, tight, and injured tissues. This class will familiarize the student with the normal physiological range of motion of all major joints and muscle groups and teach you to release hypertonic musculature due to chronic conditions of muscular-skeletal

		distortion. Therapeutic stretching and Joint Mobilization often enable you to facilitate improvement in chronic dysfunction when other massage modalities have been ineffective.
Trauma Informed Bodywork	7	This course will give the student an understanding of how past trauma that manifests as PTSD creates the need for additional sensitivity, appropriate technique, and safety of the environment in order to avoid further triggers that can be re-traumatizing. This course will provide the means for a practitioner to confidently deliver bodywork in a sensitive and informed manner to clients who have experienced trauma and/or are managing symptoms of post-traumatic stress syndrome. We will also explore the difference between anxiety and post-traumatic stress syndrome. Emphasis will include trauma related to gender identity, sexual orientation, and cultural and racial discrimination.
Trigger Point Therapy	28	Trigger Point therapy is a comprehensive approach to soft tissue manipulation that consists of alternating levels of concentrated pressure on the areas of muscle spasm. Also known as Trigger Point Release, it is widely recognized as one of the most effective techniques for alleviating pain due to soft tissue imbalance or injury. This class will teach you a variety of treatment protocols for addressing specific common conditions and dramatically increase your effectiveness in working with soft tissue dysfunction, pain, and injuries.
Tui-Na	14	Tui-Na (pronounced "tway-na") is a Chinese medical massage style used to treat injuries, joint and muscle complaints, and chronic stress-related disorders of the digestive, respiratory, circulatory, and reproductive systems. Tui-Na makes use of rhythmic compression along the energy channels of the body as well as traction, kneading, pulling, rolling, pressing, shaking, and manipulation techniques to stimulate the acupuncture points and establish a harmonious flow of energy throughout the body. Tui-Na acts to reduce pain, stimulate the immune system, and generate a deep sense of relaxation.
Working with Trauma for Massage Therapists	7	The body's response to isolated or prolonged trauma is one of the primary causes of clients presenting complaints of anxiety, depression, chronic pain or tension, and many other debilitating symptoms. Understanding the way the nervous system retains the memory of

traumatic experiences and the effect this has on well-being is instrumental in helping clients who are dealing with the residual effects of past traumatic experiences. This class will give students an introduction to the ways in which bodywork can be used to heal the effects of trauma on the body and nervous system and will cover the ways in which bodywork techniques can help alleviate the effects of trauma.

MSMHA FACULTY

Alco Chan, MA Physical Therapy	Alco's career as a Healing Arts practitioner spans 26 years, and as an instructor, he is in his 16th year. He is recognized as a low back and hip specialist by the AMA, taught at the School of Conscious Massage & Bodywork in 2009, and has been a nationally accredited instructor of continuing education for other massage therapists through the NCBTMB since 2010. He is the founder of Body Optimalization, and Structural Integration. Body Optimalization is a revolutionary healing art form of manual therapy. It is an eclectic combination of Eastern and Western principles of healing, designed to meet the specific needs of each client by incorporating postural analysis in concert with biomechanical as well as natural law. Body Optimalization also provides perspectives and philosophical points of view that are radically different from traditional teachings in the hopes of evolving the manual Therapy profession. He has a thriving practice where the goal is alignment, pain reduction, and performance of the human body.
Avidan Graller, CMT	Avidan is a highly experienced bodyworker with over 27 years in the healing arts and more than 1,000 hours of training. A graduate of the New Mexico Academy of Healing Arts, her practice draws from a rich foundation in Swedish, Deep Tissue, Medical Massage, Structural Integration, CranioSacral, Lomi Lomi, Shiatsu, Aromatherapy, Reflexology, and Matrix Energetics. Avidan specializes in addressing both acute and chronic conditions, combining anatomical precision with intuitive energy work to support deep healing. She has worked in top spas, chiropractic offices, and integrative health clinics, gaining expertise in treating injuries such as carpal tunnel, migraines, and back pain. As a certified LaStone Therapist, Avidan has taught Hot Stone Massage workshops for over a decade. Her work is grounded in compassion, presence, and a deep commitment to helping clients restore balance and well-being.
Binbin Beecher, BA, CMT	Binbin has a bachelor's degree from Jinzhou Normal University, Liaoning Province, China. She studied at Diamond Light School of Massage and the Healing Arts and graduated in 2019. She has been a Certified Massage Therapist with CAMTC and practiced massage since 2019.
Binh Q An, CMT	Binh is a California Certified Massage Therapist with over 20 years of experience in holistic bodywork and wellness. He earned advanced certifications from Diamond Light School of Massage and Healing Arts and the prestigious Wat Po Thai Traditional Massage School in Thailand. Binh specializes in Deep Tissue, Thai Massage, Structural Integration, and Neuromuscular Reprogramming, integrating breathwork and intuitive touch to support lasting healing. Binh has a strong background in community service, coaching, and wellness education. He is currently pursuing continuing education through NASM with the goal of becoming a chiropractor. Passionate about teaching, Binh's ultimate objective is to inspire the next generation of massage therapists with a blend of science, spirit, and hands-on skill.

Dana Rose Arevalo, MBW, CMP	Dana is a third-generation healer. Her grandmother was also a massage therapist; she influenced Dana's sense of warmth, trust, and generosity, which set the tone for her private practice and teaching. Dana has studied and taught a wide variety of modalities, including basic and advanced massage, body mechanics, myofascial release, Neuromuscular Reprogramming, advanced neck work, reflexology, and more. She has been in private practice since 1987 and teaching since 1995.
Devon Carter, BA, CMT, PCC	Devon has a lifelong fascination with understanding how the deepest levels of human experience are expressed through the body. Following this thread has led her on a journey of self-discovery and professional training in practices, which developed her capacity to live life from passion and purpose through embodied presence. Her 40+ years in professional bodywork practice began with a BA in Dance and Kinesiology from Columbia College, Chicago, and includes Esalen Institute, where she studied Swedish-Esalen Massage. This was followed by training in Jin Shin Acupressure, Hendrickson Method Massage, and Craniosacral Therapy with the Upledger and Milne Institutes. Additionally, she is a Certified Somatic Coach through the Strozzi Institute, a Certified International Coach Federation PCC Life Coach, and an International Enneagram Association Certified Professional.
Graham Quigley, MS, L.AC, Dipl. O.M	Graham has studied Chinese Medicine and Asian Bodywork since 2000. He received his master's in Traditional Chinese Medicine from the Academy of Chinese Culture & Health Sciences. He taught at the Acupuncture & Integrative Medicine College in Berkeley from 2012 until 2020, at ACCHS in Oakland, at the Oakland Acupuncture School, at the Acupressure Institute, at Five Branches University in San Jose, and Diamond Light School of Massage in San Anselmo. He maintains a private practice in Oakland where he offers Tui-Na, Acupuncture, and Herbology.
Kate Edmiston, CMT	Kate studied massage at the World School of Massage and Holistic Healing Arts from 2012 to 2014 and graduated with 505 hours. She has practiced massage as a Certified Massage Therapist since then, including three years at Bodywise Massage and over eight years with a successful private massage therapy practice. She has continued her education for a total of 265 hours of CEU credits. While at the World School of Massage and Holistic Healing Arts, she was a substitute teacher, teacher's assistant, and student coordinator, which included coaching students with massage techniques. Her style includes a blend of all the courses and classes she has taken. She is well known for teaching her clients self-care techniques and for her ability to work with clients in a deep way to support their needs and relieve tension, pain, and stress.
Kevin Bashir Cates, LAc	Kevin is a Reiki teacher, licensed Acupuncturist, bodyworker, and Sound Healer who blends 35 years of musical experience with an ongoing exploration into the transformational potential of vocal and instrumental sound. He has been a Reiki Master and teacher for over 20 years and a sound healer all his life. His specialty is using sound

	healing, Reiki, and subtle energy awareness to catalyze physical, emotional, and spiritual expansion and healing.
Lowell Noble, BA, CMT	Lowell has a BA in Justice, Morality, and Constitutional from James Madison College, Michigan State University. He studied at Diamond Light School of Massage and Healing Arts from 2005 until 2022, graduating from the "Massage Therapy Course" in 2006, from the "Advanced Bodywork Therapy Course" in 2010, and from the "Professional Bodywork Therapy Course" in 2022. He has been certified with CAMTC since 2010 and practiced massage since 2006. He has worked at Bodywise Massage in San Rafael since 2015.
Patricia Crawley, CMT	Patricia is a certified massage therapist and life-long student of the human body. She combines intuition and deep anatomical knowledge to help clients release old, often life-long pain and holding patterns. In addition to many massage modalities, she is trained in Somatic Experiencing, Craniosacral therapy, and energy medicine. She specializes in helping people heal from trauma and taught "Working with Trauma" at Diamond Light for several years. She continues to teach this, along with Hospice Massage, at schools around the Bay Area.
Rachael Angelese, CMT	Rachael has been a full-time bodyworker and Advanced LomiLomi Practitioner for 25 years in Hawaii and the Bay Area. In 2007, Rachael had a severe and life-threatening encounter with Stage IV Hodgkin's Lymphoma. Her subsequent triumph over this healing crisis instigated a paradigm shift in her deepest self and became the catalyst for unlocking the mystery of self-initiated quantum healing at the cellular level. She developed and taught a dynamic bodywork method called The Golden Path. She brings a powerful synthesis of energetic and structural approaches to the art of transformational healing and offers deep, heart-guided intuition and compassion in all that she does.
Ruben Rocha, BA	Ruben holds a BA in History from the University of Dallas and studied Theology at the Braniff Graduate School. He was a graduate and instructor at Diamond Light School of Massage and Healing Arts, where he taught for 16 years, from 2006 until 2022. He has been an associate of Corsano Family and Kwait Chiropractic in San Anselmo and Adams Family Acupuncture in San Rafael. He also managed the massage clinic at BodyWise Massage, served as coordinator for chair massage at Elephant Pharmacy, and provided on-site massage for corporate clients. In 2016, he co-founded the Selfcare Studio in downtown San Anselmo. Ruben is certified in Table Yomassage® and certified to offer Trauma Informed Bodywork.
Sara Sunstein, MA	Sara is an Advanced Practitioner and Instructor of Ortho-Bionomy® with over 40 years of experience in somatic healing, trauma resolution, and body mind education. Her work helps individuals release pain, tension, and emotional holding patterns by gently activating the body's innate healing intelligence. Sara's approach is rooted in both bodywork and body-based psychology, enriched by a lifelong love of art, nature, and Buddhist mindfulness. Originally drawn to healing through her own experiences with asthma and injury, Sara found her calling in Ortho-Bionomy® after a

	transformative session following a fall. Since then, she has studied with pioneers such as Arthur Pauls, D.O., Peter Levine, Ph.D., and Kathy L. Kain. Her practice blends compassion, presence, and playful curiosity, empowering clients to become their own best allies in healing. Sara maintains a private practice in the San Francisco Bay Area and teaches Ortho-Bionomy® nationally, helping students and clients alike discover greater ease, embodiment, and self-trust.
Tim Holt, CMT	Tim became certified in massage in 1987. He teaches Deep Tissue Massage and maintains a private bodywork practice that focuses on injury rehabilitation utilizing Deep Tissue techniques from orthopedic, sports, and restorative massage modalities. He also specializes in Shiatsu and Thai Massage. He lived, studied, and practiced bodywork in Thailand and Japan. Tim is among the most experienced and highly respected massage instructors in the Bay Area.
Tobi Lessem, CMT	Tobi lived in the desert in an intentional community where she met a healer and realized she was being called to bodywork. She began her formal learning at the National Holistic Institute and has practiced bodywork since 2010. She is trained in Lomi Lomi, Myofascial Release, and Polarity work. Her specialty is Trigger Point therapy, and she uses that as her 'map' as she explores the body. She teaches Trigger Point therapy through a 'map framework' - to be used as a guide to help navigate - while leaving space to grow and adapt her massage practices consistently. She is also trained in the Functional Movement System, was a NASM-certified personal trainer, and has a background in both human psychology and kinesiology. She does massage with the unhoused in the Tenderloin and utilizes a trauma-informed approach where she is continually called to hone a heart-centered technique. She runs BodyWise Massage in San Rafael alongside a team of incredible bodyworkers and has a consistent practice in service to the community.
Vajra Matusow, MA, CMT	Vajra has a master's degree in Somatic Counseling Psychology and is a Licensed Minister, a Certified Hypnotherapist, and a Retreat Guide. She has 49 years of experience practicing and teaching bodywork and healing. She was the Founding Director of Diamond Light and was an instructor from 1987 until 2022. She has a depth of experience and a rich and varied background in the healing arts. Practicing and teaching since 1975, her professional career includes an extensive variety of massage, bodywork, and healing modalities. Her work with the body is enriched by a lifelong passion for spiritual awakening that has led her to study, practice, and teach massage, meditation, and healing throughout the world. Vajra's teaching style blends a powerful combination of technical excellence, spiritual depth, responsive exploration & nurturing gentleness.

SCHOOL POLICIES AND PROCEDURES

OPERATING SCHEDULE

Instructional Hours*	Instructional hours for currently scheduled courses are posted on our website at marinschoolofmassage.com/school-schedule .
Office Hours	Email or Call to meet our staff by appointment. **Meetings with admissions staff are scheduled by appointment.
Holidays (School closed)	Thanksgiving Winter Break (December 20 through January 4 of the following year)

*The instructional hours are determined by the availability of the facilities and the availability of the instructors based on the courses.

**Meetings by phone or ZOOM can be arranged in advance by email and phone. Scheduling information (classes and holidays) is provided to students by email.

Specific class schedules and program start dates are published separately and provided to enrolled students by email. Contact the school for current schedule information.

LEGAL DISCLOSURES

Legal disclosures

As required by the California Bureau for Private Postsecondary Education

As a prospective student, you are encouraged to review this catalog prior to signing an enrollment agreement. You are also encouraged to review the School Performance Fact Sheet, which must be provided to you prior to signing an enrollment agreement.

Any questions a student may have regarding this catalog that have not been satisfactorily answered by the institution may be directed to the Bureau for Private Postsecondary Education at 1747 N. Market Blvd. Ste 225 Sacramento, CA 95834 or P.O. Box 980818, West Sacramento, CA 95798-0818, www.bppe.ca.gov, toll-free number (888) 370-7589 or fax (916) 263-1897; (916) 574-8900 or by fax (916) 263-1897.

The institution does not have a pending petition in bankruptcy, nor is it operating as a debtor in possession; it has not filed a petition within the preceding five years, nor has had a petition in bankruptcy filed against it within the preceding five years that resulted in reorganization under Chapter 11 of the United States Bankruptcy Code (11 U.S.C. Sec. 1101 et seq.).

ADMISSION REQUIREMENT AND PROCEDURE

MSMHA is not accredited and does not offer any degree programs.

Admission Procedure

Prospective enrollees are encouraged to visit the facility and to discuss personal educational and occupational plans with school personnel prior to enrolling or signing enrollment agreements. The school currently does not have available sponsored programs, government or otherwise, to provide grants or pay portions of tuition & fees. As a prospective student, you are encouraged to review this catalog prior to signing an enrollment agreement. You are also encouraged to review the School Performance Fact Sheet, which must be provided to you prior to signing an enrollment agreement.

Applicants for a stand-alone course meet the same admission requirements as program applicants. They sign a separate Enrollment Agreement for each stand-alone course, after receiving the catalog and the School Performance Fact Sheet for that course.

Students may enroll at any time during the period beginning three months prior to the start of classes and ending after the first week of classes, though students may join our waiting list at any time. Marin School of Massage and the Healing Arts reserves the right to cancel any class 30 days before the start date if there are not sufficient students signed up for the class. Students enrolling after classes have begun must make arrangements to receive missed material.

Admission Requirements

- Students must be over 18 years old. If students are under 18, they must have written parental permission to attend.
- MSMHA only offers instruction in English. All classes are taught in English. We do not provide English as a second language.
- Students must also be able to speak, write, and read English. Non-native English speakers must demonstrate their comprehension of English in an admissions interview.
- No other general education preparation or training is required.
- Acceptable documentation demonstrating this proficiency shall include a High School Diploma/GED OR an admissions interview with an admissions staff member, which will determine acceptance to the MSMHA. The student's ability to read and write will be based on the completion of the Enrollment Agreement and the ability to speak by interacting in an admissions interview with the Director or administrator. Students must be proficient in conversational English to enroll in our programs.
- All applicants, including stand-alone course applicants, must pass a written entrance examination in English with a score of 70% or higher before acceptance; applicants may retake the examination at no charge.
- Successful applicants must demonstrate the ability to benefit from the program by understanding and comprehending the instructions and performing the massage techniques to an acceptable level of proficiency during the admissions interview process.
- Students should be in good physical health and capable of performing different kinds of massages.
- All courses are below college level.
- Instruction includes lectures, classroom discussions, demonstration of techniques and practices, student practice of techniques and practices, and teacher and peer correction.
- No previous experience is necessary.

Distance Learning Assessment

Students must demonstrate the skills and competencies required to succeed in a distance learning environment. This assessment will ask students to attend a virtual tour, interview, and an introductory portion of a hybrid class using ZOOM (Real-time). Also, students must be able to email correspondence and successfully complete forms online.

Student Visa

MSMHA does not offer visa services or vouchers for student status for international students.

Admission Standards

MSMHA does not award credit for prior experiential learning.

Language Proficiency

All instruction at MSMHA is conducted in English. Students must possess the ability to read, write, and understand English at a level sufficient to benefit from the program.

Non-native English speakers must demonstrate English proficiency by completing a verbal admissions interview and written language assessment administered by the school. Acceptable documentation may also include:

- A high school diploma or postsecondary degree completed in the United States, or
- A transcript showing completion of secondary education in English from another country, or
- Demonstrated conversational and academic English proficiency during the admissions process.

The school does not accept TOEFL and does not provide English as a Second Language (ESL) instruction.

Language of Instruction

All educational instruction, class materials, and assessments are conducted exclusively in English. No courses are taught in any other language. Students must demonstrate proficiency in English as outlined above. No translation or interpretation services are provided by the institution.

STUDENT SERVICES

Library and Other Learning Resources

MSMHA has a small library and other learning resources in the Main Hall area for enrolled students.

On-Site Library: A physical library located on campus is equipped with reference books, anatomy and physiology texts, massage therapy manuals, and other relevant educational materials.

Reference Materials: The library collection includes up-to-date reference works and periodicals related to massage therapy, anatomy, and business practices relevant to massage professionals.

Media: Audio-visual resources are available to enhance learning, including massage demonstration DVDs.

Access Procedures: Students may access learning resources during school hours. Faculty and staff are available to assist students with locating and utilizing materials. Students can check out the materials to further their education. Please consult the administrative staff for our check-out policies. During office hours, students can borrow books by taking the item(s) to

the administrative staff and signing in our rental binder, located on the reception desk, the title of the book(s) along with their phone number and date of sign-out.

Housing

MSMHA does not provide any dormitory facilities under its control nor any student housing. There are apartments, rooms, and shared rentals available within a mile of the school that can be rented for \$850-\$ 2,500 or more per month. The school is NOT responsible for finding or assisting students in finding housing.

Job Placement

MSMHA will provide instruction and suggestions for finding employment, and students will be informed of any help wanted requests sent to us from employers. However, the school does not offer placement assistance and cannot guarantee employment.

STUDENT CONDUCT, ATTENDANCE AND COMPLETION OF PROGRAM POLICIES

Student Conduct

At the discretion of the school administration, a student may be dismissed from school or placed on probation for serious incidents or repeated incidents of intoxicated or drugged state of behavior, possession of drugs or alcohol on school premises, possession of weapons on school premises, behavior creating a safety hazard to other persons at school, behavior disrupting class instruction, disobedient or disrespectful behavior to other students, administrators, or faculty members, or any other stated or determined infraction of conduct.

Probation and Dismissal

If students violate classroom agreements during their program attendance, their instructors will encourage them to change their behavior. If students refuse or fail to change their behavior, they will be dismissed from that day's class participation. If the students commit further breaches of the classroom agreements, they must meet with the Director. The Director will provide a list of behavior corrections. If students cannot demonstrate satisfactory behavior in the classroom and significantly impact the safety and trust of their classmates or clinic clients, the Director may reserve the right to dismiss students from our program due to unresolved behavior issues that seriously affect the instructor's teaching and the learning experience of classmates.

Academic Probation and Dismissal

Marin School of Massage and the Healing Arts is committed to supporting student success and maintaining academic integrity. The following policies outline the procedures for academic probation and dismissal when a student fails to meet the minimum academic achievement standards.

Minimum Academic Standards

To maintain satisfactory academic progress, students must:

- Maintain at least 85% attendance and earn a passing grade ($\geq 70\%$) on written exams. Attendance below 85% places a student on academic probation. Unexcused absences in excess of 25% of classroom hours may result in dismissal. Any attendance below 100% in a given course must be addressed before graduation through approved makeup hours, an approved substitute course, or a private tutorial at the instructor's hourly rate.
- Successfully complete all required practical and written evaluations with a passing

- score.
- Attend and actively participate in class.

Academic Probation

A student will be placed on academic probation if:

- The attendance rate is below 85%, or
- They fail a required course.

The probation period lasts for one enrollment period.

During probation

- The student will receive a written notice of their status and the required conditions for improvement.
- The student must meet with the Director to create an Academic Improvement Plan outlining specific steps, tutoring, or retakes.
- Progress will be closely monitored, and the student must demonstrate measurable academic improvement.

Removal from Probation

If the student raises their attendance rate to 85% or higher and meets the terms of their Academic Improvement Plan by the end of the probation period, the probation status will be removed, and the student will be returned to good standing.

Dismissal from the Program

A student may be dismissed from the program if:

- They fail to improve their academic performance during the probation period, or
- They fail the same course more than once, or
- They violate the Academic Improvement Plan or academic policies.

Students dismissed due to unsatisfactory academic performance will receive written notification of their dismissal. Students may appeal dismissal in writing within 10 business days by submitting a formal appeal letter to the Director.

Dress Code, Hygiene, and Draping Policies

Students should dress in a manner that is clean, comfortable, and allows freedom of movement, with trimmed fingernails and clean hair and feet.

MSMHA has a draping policy to protect the client's privacy and aid in warming the client. Students drape clients with a clean flat sheet over the entire body prior to massage. Students undrape only the area of the body they are massaging at that time. The instructor demonstrates proper draping in the classroom and provides feedback as needed.

In classroom hands-on practice, students practice modalities normally performed on unclothed or partially clothed clients on partially clothed peers with proper draping, except where a valid educational reason — such as learning to drape, chair massage, or table Thai/Shiatsu — calls for clothed practice.

Attendance Policy

Students are expected to attend classes as scheduled, as they would be expected to be present for work. Unexcused absences and tardiness will be recorded.

Extreme tardiness (more than 1/2 hour late) must be made up to complete the class. Students failing to maintain satisfactory attendance will be counseled by the administrator. If attendance does not improve, the student may be denied a Certificate of Completion until they

can satisfactorily demonstrate proficiency in the material they missed. Excessive absence (more than 25% of classroom hours missed) without a valid excuse may result in dismissal. Students may make up work missed due to absence by arranging a private meeting with the instructor (at an additional fee) or by attending the missed class in subsequent training.

Students who are absent are responsible for the material covered during the session(s) missed.

For the Professional massage therapist program, students for CAMTC certification shall have attended 500 supervised hours total with 100 of those hours satisfying CAMTC specified subjects.

No student will be credited with more than 10 hours of education in any one day or more than 40 hours in any 7-day period, including hours above and beyond the minimum required for completion of the program.

Leave of Absence Policy

Request Procedure

Students who need to take a temporary leave of absence must submit a written request to the Director. The request must include the reason for the leave, anticipated dates of departure and return, and any relevant documentation (e.g., medical note, legal notice).

Approval and Duration

All leave-of-absence requests are subject to review and approval by the Director. Approved leaves of absence may be granted for a minimum of one week and a maximum of 180 days in any 12-month period. Students must resume classes on or before their scheduled return date. If a student fails to return from an approved leave of absence, they will be officially withdrawn from the institution, and the withdrawal date will be backdated to the student's last day of attendance.

Return from Leave

Upon returning from an approved leave, students must meet with the Director to confirm their schedule and academic status.

Withdrawal and Re-entry

Students who withdraw or are terminated from the program may apply for re-enrollment within three years of their withdrawal date. Re-enrollment within this timeframe incurs no academic penalty, though students are required to meet with the Director to demonstrate adequate skills and knowledge to continue. Repeating classes or taking new modules may be required based on curriculum updates.

Distance Learning Policy

Distance learning via Zoom in real time may be used for some lecture portions of some courses. During synchronous distance-learning sessions, the student's camera must remain on with the student's full face visible. The student must be in a safe, quiet, distraction-free environment and remain solely focused on the instruction. Identity is verified at the start of each session. Students will receive the Zoom link and password for the meeting prior to class. The review and evaluation of student exams and assignments are usually done immediately during class.

For the 500-hour professional massage therapist program, all assessments associated with distance-learning hours are conducted in person.

Distance Education Evaluation Policy (Zoom (real-time) Instruction)

MSMHA incorporates live, synchronous distance education using Zoom (Real-time) for selected portions of its massage therapy program. While hands-on courses are taught in person, certain lectures, discussions, and assessments may be delivered remotely.

For the assessments submitted electronically during Zoom (Real-time)-based sessions:

- The institution will respond with grading, written feedback, or instructor evaluation **within seven (7) business days** of receipt.

All interactive Zoom sessions occur in real time and meet the same educational standards and hour documentation as in-person instruction. Students are expected to participate, complete assignments, and engage with instructors in accordance with the course syllabus.

Progress / Grading System

Each student will be graded "complete" or "incomplete" for each subject in the course outline. Each student must receive a "complete" in each course before receiving their Certificate of Completion. Students making unsatisfactory progress must repeat classwork until they can earn a "complete" grade on that work.

All students are evaluated for achievement with a practical exam after each course module. A passing grade of 70% must be awarded by the instructor in this exam to receive credit for the class.

Graduation Requirements and Standards for Student Achievement

- At the end of each course, the instructor will assess the student's progress in passing the class by attendance (>85%), written exams (score >70%), and hands-on proficiency tests. The students will pass/fail the course and earn the course hours.
- 85% attendance with makeup. All absences, less than 100% attendance on each course, must be addressed through one of the following options: Attend makeup hours within the same subsequent course or clinic before the personal program end date at no additional charge or pay at a full hourly rate for a new substitute course deemed suitable by the Director or attend a semi-private tutorial conducted by an instructor at their hourly rate before the program's end date.
- After completing all training hours, attendance (>85%), and a passing grade on all written exams (70%) and hands-on proficiency tests for each required/elective course within the program, a certification of completion/transcript will be issued.
- Students must complete the core requirements for each program plus enough electives to satisfy the total program hours required for the program in which the student is enrolled (500, 250, 100, or 104 supervised hours).
- Students taking a stand-alone course must complete and pass that course, meeting the same attendance, written exam, and hands-on proficiency standards.
- Students must pass each class. At the end of each course, the instructor will assess the student's progress and determine if they have passed the course based on attendance (>85%), written exams where applicable (>70%), and by demonstrating the skills, techniques, and considerations needed to be proficient for the massage material.
- Once a student has completed and passed the required and elective courses to meet the hour requirements, they will graduate from that program.

- *For example, for the Professional Massage Therapist Program (500 supervised hours), the student will need to complete and pass the Massage Therapy Course, Massage Essentials, Practical Anatomy, Deep Tissue Massage, Business for the Massage Therapist, Ethics for Massage Therapists, Health & Hygiene, Anatomy, Physiology, Pathology, Kinesiology & Assessment and Body Mechanics courses plus take 212 or more supervised hours of any electives.*
- *For the Professional massage therapist program, students seeking CAMTC certification shall have completed 500 supervised hours in total, with 100 of those supervised hours completed in CAMTC-specified subjects.*

Certificate of Completion and Transcripts

Certificates of Completion and Transcripts will be issued once all graduation requirements have been met. The certificate of completion is the California State-approved Certificate of Completion. Qualifying for this certificate depends on completing all classroom training hours, all practicum hours, passing all written tests, and all hands-on proficiency tests specific to each course within the program. Students will incur no additional fee for transcripts when completing the program within their program time frame. Students will incur a \$35 fee for requesting transcripts outside their program time frame.

Students who complete a stand-alone course do not receive a Certificate of Completion. The completed course and its supervised hours are recorded on the student's MSMHA transcript, together with any other MSMHA courses the student has completed.

Students will receive certificates of completion of programs when the following conditions are met:

- 85% attendance with makeup. All absences, less than 100% attendance on each course, must be addressed through one of the following options: Attend makeup hours within the same subsequent course or clinic before the personal program end date at no additional charge, or pay at a full hourly rate for a new substitute course deemed suitable by the Director.
- Attend a semi-private tutorial conducted by an instructor at their hourly rate before the program's end date.
- Reinstate if incomplete beyond published end dates. Reinstatement cost is \$100 for a program or a course. Makeup hours after the student's program end date will incur 50% of the current tuition cost, past the first 30 hours of makeup classes.
- Submit a request to the Director to make an exception to our 85% Attendance Policy due to extenuating circumstances and receive an exception granted by the Director.

Passing grades on all required written exams and all hands-on proficiency tests within each course in the program. Students incur a \$10 fee for retaking written exams and a \$40 fee for retaking bodywork evaluations or evaluations that must be scheduled outside of course hours due to schedule conflicts.

Reinstatement

Students may be reinstated within 5 years by fulfilling their outstanding program requirements. The reinstatement fee is \$100 for a program or a course.

The Director will determine on a case-by-case basis whether students may be reinstated for credit for their previous attendance after more than five years of absence.

Records Retention

Student records and transcripts are maintained permanently in both paper and digital format in compliance with CEC 94900 and 5, CCR 71920.

ACADEMIC TRANSFER CREDIT AND FINANCIAL INFORMATION

Academic Transfer Credit

MSMHA DOES NOT accept credits earned at other institutions or through challenge examinations and achievement tests.

MSMHA HAS NOT entered into an articulation or transfer agreement with any college or university.

NOTICE CONCERNING TRANSFERABILITY OF CREDITS AND CREDENTIALS EARNED AT OUR INSTITUTION

The transferability of credits you earn at Marin School of Massage and the Healing Arts is at the complete discretion of an institution to which you may seek to transfer. Acceptance of the certificate you earn in the educational program is also at the complete discretion of the institution to which you may seek to transfer. If the credits or certificates that you earn at this institution are not accepted at the institution to which you seek to transfer, you may be required to repeat some or all of your coursework at that institution. For this reason, you should make certain that your attendance at this institution will meet your educational goals. This may include contacting an institution to which you may seek to transfer after attending Marin School of Massage & the Healing Arts to determine if your credits or certificate will transfer. Marin School of Massage & the Healing Arts has not entered into any articulation or transfer agreement with any other school, college, or university at this time.

Registration Fee

All registration fees are non-refundable and due at the time of enrollment.

The \$100 registration fee is a one-time fee for programs and stand-alone courses. A student who has already paid it, for either a program or a stand-alone course, does not pay it again for a later enrollment.

Payment Options

Option A — Pay in Full (Voluntary). Pay all institutional charges (Registration Fee + Tuition) in full before the first day of class. You may choose this option only after you have been accepted and enrolled and your first class date is listed in the Enrollment Agreement (Cal. Education Code §94899.5(e)). Deposit: A \$100 tuition deposit is due on the day of enrollment and is applied to tuition. The remaining charges are due before the first day of class.

Option B — Class-Based Payment Plan. For students enrolled in a full program. Pay tuition one class at a time.

At enrollment: The one-time, non-refundable \$100 Registration Fee (if not already paid) plus a deposit of \$100 for your first class.

Each class: A deposit of \$100 is due when you register for the class. The rest of that class's tuition is due on or before its first day. Class tuition follows the program tuition schedule.

One agreement: You sign one Enrollment Agreement for your whole program and may register for more classes without signing a new one, unless a material change requires it. MSMHA keeps a Class Registration and Payment Record for each class (course, hours, dates, tuition, discounts, payments, and attendance).

If you withdraw: You are not charged for any class that has not started, and any deposit paid for it is refunded. Tuition for a class in progress is refunded pro rata under

the Refund Policy.

Program credit: Completed classes count toward your program once attendance and academic requirements are met. Paying for individual classes does not guarantee program completion.

Advance payment limit: MSMHA complies with Cal. Education Code §94899.5, including limits on advance tuition payments for programs longer than four months.

Option C — Installment Payment Plan. Pay tuition in monthly installments, with MSMHA approval.

How to apply: Submit a written request (email is fine) to the Director at or before enrollment. MSMHA will approve or deny it in writing within 10 business days.

If approved: Your schedule is written in an Installment Payment Plan Schedule (Addendum B), signed by you and MSMHA.

Plan terms: A down payment plus up to 7 monthly installments (fewer for some programs; see each program's Program Cost Breakdown). A \$20 processing fee applies to each installment. No interest is charged.

Advance payment limit: Until 50% of the program has been offered, MSMHA will not collect more than one term or four months of tuition in advance, whichever is less (Cal. Education Code §94899.5).

Total tuition: The plan changes when you pay, not how much tuition you owe.

Option D — Standalone Class (Deposit and Balance). For students taking a stand-alone course. The one-time, non-refundable \$100 Registration Fee (if not already paid) and a tuition deposit of \$100 are due at enrollment. The remaining tuition is due on or before the first day of class. The deposit is applied to tuition and is refundable under the cancellation and refund policy. The student signs a separate Enrollment Agreement for each stand-alone course. Options B and C are available only to students enrolled in a full program, who sign one Enrollment Agreement for the whole program.

Accepted payment methods: cash, check, Zelle, or credit card. A 3% processing fee applies to credit card payments. This fee is paid by the student. No processing fee applies to cash, check, or Zelle payments.

If you are interested in any payment options, please reach out to our administrative staff for more details.

Loans

If a student obtains a loan, the student will have to repay the full amount of the loan plus interest, less the amount of any refund. If a student receives federal financial aid funds, the student is entitled to a refund of the money not paid from federal financial aid funds. A student enrolled in an unaccredited institution is not eligible for federal financial aid programs.

Financial Aid

MSMHA is NOT accredited and does NOT participate in federal or state financial aid programs.

CANCELLATION AND REFUND POLICY FOR TUITION AND OTHER FEES (INCLUDING SUPPLIES AND ANY THIRD-PARTY CHARGES)

NOTICE OF CANCELLATION

A student may cancel the enrollment agreement by providing a written notice of cancellation to the Director of Marin School of Massage and the Healing Arts by any of the following means: (i) in person to the Director, (ii) email to info@marinschoolofmassage.com, or (iii) certified mail to our mailing address. A notice sent by certified mail is effective on the date it is postmarked. Refunds shall be paid within 45 days of the student's date of cancellation or withdrawal. The school's refund policy is described below and in the enrollment agreement.

STUDENT'S RIGHT TO CANCEL

A student has the right to cancel the enrollment agreement and obtain a refund of charges paid through attendance at the first class session, or the seventh day after enrollment, whichever is later, by providing a written notice of cancellation to the Director of Marin School of Massage and the Healing Arts by any of the following means: (i) in person to the Director, (ii) email to info@marinschoolofmassage.com, or (iii) certified mail to our mailing address.

WITHDRAWAL PROCEDURE

To withdraw after the cancellation period, a student must submit a written withdrawal notice to the Director in person or by email to info@marinschoolofmassage.com. Withdrawal is effective on the date the notice is received.

REFUND POLICY

The student has the right to a refund of all charges paid, less the non-refundable registration fee of \$100.00, if the student cancels the enrollment agreement by attending the first class session or by the seventh day after enrollment, whichever is later. A refund of all charges includes any charges paid to MSMHA for used or opened equipment, textbooks, or materials. After the cancellation period, the student has the right to withdraw from the program at any time. If a student withdraws after the cancellation period and has completed 60 percent or less of the period of attendance, the institution shall issue a pro rata refund of unearned institutional charges pursuant to California Education Code section 94920(d) and 5 CCR section 71751(a)(3)(A). The non-refundable registration fee is identified as a non-refundable charge in the enrollment agreement.

The pro rata amount owed equals the hourly charge for the program (total institutional charges divided by the number of hours in the program) multiplied by the number of hours the student attended, or was scheduled to attend, before withdrawal. The refund is the amount paid minus the amount owed.

If the student has completed more than 60 percent of the period of attendance, the institution has earned 100 percent of the institutional charges and no refund is due.

For purposes of determining the refund, the student shall be deemed to have withdrawn on the earliest of: (1) the date the student notifies the institution of withdrawal; (2) the date the institution terminates the student's enrollment due to failure to maintain satisfactory academic progress, failure to abide by the institution's rules, or failure to meet financial obligations; or (3) the last date of recorded attendance, if the student ceases to attend classes without an approved leave of absence.

Refunds shall be paid within 45 days of the student's date of cancellation or withdrawal.

If the student has received federal student financial aid funds, the student is entitled to a

refund of moneys not paid from federal student financial aid program funds.

For a stand-alone course, the period of attendance is that course, and the refund is calculated on that course's tuition and hours.

NOTICE OF STUDENT RIGHTS

At the end of the cancellation period, you also have the right to stop school at any time, and you have the right to receive a refund for the part of the course not taken. If you have lost your contract, ask the school for a copy of the refund policy. See refund policy. If the school closes before you graduate, you may be entitled to a refund. Contact: The Bureau for Private Postsecondary Education P.O. Box 980818, West Sacramento, CA. 95798-0818.

STUDENT TUITION RECOVERY FUND DISCLOSURES

"The State of California established the Student Tuition Recovery Fund (STRF) to relieve or mitigate economic loss suffered by a student in an educational program at a qualifying institution, who is or was a California resident while enrolled, or was enrolled in a residency program, if the student enrolled in the institution, prepaid tuition, and suffered an economic loss. Unless relieved of the obligation to do so, you must pay the state-imposed assessment for the STRF, or it must be paid on your behalf if you are a student in an educational program, who is a California resident, or are enrolled in a residency program, and prepay all or part of your tuition.

You are not eligible for protection from the STRF, and you are not required to pay the STRF assessment if you are not a California resident or are not enrolled in a residency program."

- a. "It is important that you keep copies of your enrollment agreement, financial aid documents, receipts, or any other information that documents the amount paid to the school. Questions regarding the STRF may be directed to the Bureau for Private Postsecondary Education, 1747 N Market Blvd, Ste 225, Sacramento, CA 95834, or P.O. Box 980818, West Sacramento, CA 95798; www.bppe.ca.gov; (888) 370-7589 or by fax (916) 263-1897; (916) 574-8900 or by fax (916) 263-1897."

To be eligible for STRF, you must be a California resident or enrolled in a residency program, prepaid tuition, paid or deemed to have paid the STRF assessment, and suffered an economic loss as a result of any of the following:

1. The institution, a location of the institution, or an educational program offered by the institution was closed or discontinued, and you did not choose to participate in a teach-out plan approved by the Bureau or did not complete a chosen teach-out plan approved by the Bureau.
2. You were enrolled at an institution or a location of the institution within the 120 day period before the closure of the institution or location of the institution or were enrolled in an educational program within the 120 day period before the program was discontinued.
3. You were enrolled at an institution or a location of the institution more than 120 days before the closure of the institution or location of the institution, in an educational program offered by the institution as to which the Bureau determined there was a significant decline in the quality or value of the program more than 120 days before closure.
4. The institution has been ordered to pay a refund by the Bureau but has failed to do so.
5. The institution has failed to pay or reimburse loan proceeds under a federal student loan program as required by law or has failed to pay or reimburse proceeds received by the institution in excess of tuition and other costs.
6. You have been awarded restitution, a refund, or other monetary award by an arbitrator or court based on a violation of this chapter by an institution or representative of an institution but have been unable to collect the award from the institution.

7. You sought legal counsel that resulted in the cancellation of one or more of your student loans and have an invoice for services rendered and evidence of the cancellation of the student loan or loans. To qualify for STRF reimbursement, the application must be received within four (4) years from the date of the action or event that made the student eligible for recovery from STRF.

A student whose loan is revived by a loan holder or debt collector after a period of non-collection may, at any time, file a written application for recovery from STRF for the debt that would have otherwise been eligible for recovery. If it has been more than four (4) years since the action or event that made the student eligible, the student must have filed a written application for recovery within the original four (4) year period, unless the period has been extended by another act of law.

However, no claim can be paid to any student without a social security number or a taxpayer identification number.

Note: Authority cited: Sections 94803, 94877 and 94923, Education Code. Reference: Section 94923, 94924 and 94925, Education Code.

STUDENT RIGHTS AND COMPLAINTS

Student Rights

If you have any questions, complaints, or problems that you cannot work out with the school and for any questions regarding the STRF, write or call the State of California Department of Consumer Affairs, Bureau for Private Postsecondary Education, 1747 N. Market Blvd, Ste 225, Sacramento, CA, 95834. Telephone, toll-free (888) 370-7589 or (916) 574-8900. Website address: www.bppe.ca.gov.

Grievances And Student Complaint Procedure

The student may contact the Bureau at ANY time. However, persons seeking to resolve problems or complaints are initially encouraged to go directly to the instructor or staff member most closely associated with the issue. The school Director is available by phone at (415) 717-5736 or by email at director@marinschoolofmassage.com during business hours to help students with whatever guidance and support they need to progress through the program. The school maintains a social media discussion group for students and graduates of massage therapy that may list employment opportunities, office space for rent, or equipment for sale, as well as provide information about changes in the field of massage therapy and legislative updates relevant to massage therapists.

A student may complain by communicating orally or in writing to any teacher or administrator. The recipient of the complaint shall transmit it as soon as possible to the person authorized to resolve complaints and shall attempt to resolve complaints related to that person's duty.

If a student submits a complaint in writing, the school will within 10 days respond to the complaint. The response will include a summary of the school's investigation and disposition of the complaint, the reason for the rejection if the complaint or relief requested by the student is rejected, and the reason for the rejection.

Persons seeking to resolve problems or complaints should first contact the instructor in charge. Requests for further action should be made to the Director of MSMHA by calling or texting (415) 717-5736.

If the complaint is not resolved to the satisfaction of the student, they may contact the BPPE.

A student or any member of the public may file a complaint about this institution with the Bureau for Private Postsecondary Education by calling (888)-370-7589 or (916) 574-8900 by

completing a complaint form, which can be obtained on the bureau's internet website, www.bppe.ca.gov. The mailing address for the Bureau is: 1747 N. Market Blvd Ste 225 Sacramento, CA 95834, or P.O. Box 980818, West Sacramento, CA 95798-0818. The FAX number for the Bureau is (916) 263-1897.

Any questions a student may have regarding this catalog that have not been satisfactorily answered by the institution may be directed to the Bureau for Private Postsecondary Education at www.bppe.ca.gov, toll-free telephone number (888) 370-7589.

Publication of California Business and Professions Code section 4611 related to unfair business practices as related to massage.

(a) It is an unfair business practice for a person to do any of the following:

(1) To hold himself or herself out or to use the title of "certified massage therapist" or "certified massage practitioner," or any other term, such as "licensed," "certified," "CMT," or "CMP," in any manner whatsoever that implies or suggests that the person is certified as a massage therapist or massage practitioner, unless that person currently holds an active and valid certificate issued by the council pursuant to this chapter.

(2) To falsely state or advertise or put out any sign or card or other device, or to falsely represent to the public through any print or electronic media, that he or she or any other individual is licensed, certified, or registered by a governmental agency as a massage therapist or massage practitioner.

(b) In addition to any other available remedies, engaging in any of the prohibited behaviors described in subdivision (a) constitutes unfair competition under Section 17200.

Attendance and/or graduation from a California Massage Therapy Council approved school does not guarantee certification by CAMTC. Applicants for certification shall meet all requirements as listed in California Business and Professions Code section 4600 et. seq.

A student or any member of the public with questions that have not been satisfactorily answered by the school or who would like to file a complaint about this school may contact the California Massage Therapy Council at One Capitol Mall, Suite 800, Sacramento, CA 95814, www.camtc.org, phone (916) 669-5336, or fax (916) 669-5337.

ELIGIBILITY FOR LICENSURE OF MASSAGE THERAPISTS IN CALIFORNIA

MSMHA is PROVISIONALLY APPROVED BY CAMTC.

MSMHA is not fully approved by CAMTC; it is provisionally approved. CAMTC will conduct a follow-up site visit before deciding whether to grant full approval. CAMTC lists MSMHA's provisional approval expiration date as March 15, 2027. This date is not a guarantee that full approval will be granted.

As required by California Business and Professions Code section 4615: education completed at MSMHA cannot be used to satisfy the requirements for certification as a massage therapist or massage practitioner in California unless (1) the education was completed on or after the date CAMTC received MSMHA's initial application for school approval, and (2) CAMTC ultimately approves MSMHA. MSMHA will notify students in writing of any change in its CAMTC approval status.

Requirements for Certification of Massage Therapists in CA

The requirements for practicing massage therapy in California differ from county to county. Some counties require certification by the California Massage Therapy Council (CAMTC), whereas in other jurisdictions, certification is optional. Certification by the CAMTC supersedes local requirements.

To be eligible for CAMTC certification as a massage therapist, one must complete 500 supervised hours of classroom training at a CAMTC-approved school and submit an application to the CAMTC, which includes a picture, live scan, fingerprinting, and background check. Once CAMTC approval is granted, our graduates from our 500-hour program are eligible to apply for CAMTC certification and sit for the MBLEX exam.

Neither this institution nor any of its programs is accredited by an accrediting agency recognized by the United States Department of Education. A student enrolled in an unaccredited institution is not eligible for federal financial aid programs. This institution does not offer degree programs.

The massage and bodywork competency assessment examination described in Business and Professions Code section 4604(a)3(A) is not a requirement for certification but may be required for licensure or certification as a massage therapist in any other state.